

**City of Franklin
Mayor's Drug Task Force
Meeting Minutes**

August 18, 2011

5-7pm; Franklin Regional Hospital Conference Room A/B

Attendee	Sector Represented
Bill Grimm	Healthcare Professional (LRGH Healthcare Board)
Jason Vezina	Parent/Resident of Franklin
City Manager Elizabeth Dragon	City of Franklin
Mayor Ken Merrifield	City of Franklin
Joe Giunta	Fraternal Organization (State of NH Elks Association)
Chief David Goldstein	Governmental Agency with Expertise in the Field of Substance Abuse (Franklin Police Department)
Tyler Davis	Franklin HS Student
Melissa Rizzo	Healthcare Professional (LRGH)
Lynn Haskell	Youth-Serving Organization (Merrimack County Youth Diversion)
Bob Sharon	Civic Organization (Franklin Rotary)
Amanda Snyder	Other organization involved in reducing substance abuse (Phoenix House)
Tyler Davis	Youth (FHS Student)
Traci Fowler	City of Franklin/DFC Coalition Project Coordinator

Meeting Minutes

Task Force Minutes are posted on the City of Franklin website.

Agenda Items:

- Welcome and Introductions
- Reminder and discussion about meeting sign-in with 'Sector Represented'
- July Planning Sessions Update
- Update on Teen Institute July Leadership Camp – *Tyler Davis*, FHS Student and Teen Institute Youth Advisory Staff
 - Thank you Letters from FHS Students ☺
- Brief overview of DFC Goals and CADCA's Seven Strategies (see power point)
- Rx Drug Strategies as an example
 - Rx Work Group volunteers needed
- Legislative Update:
 - Rx Monitoring Bill
 - SB 120 – Happy Hour Bill

Reminder and Discussion about meeting sign-in with 'Sector Represented'

As per the DFC Grant, we are required to keep track of the community sectors that we are actively engaging. Thus, we need to be sure to track sectors on our Meeting Sign-Ins. This will allow us to have an accurate record of the sectors we're working with, and which sectors we need to target. A Sector List will be attached to each Meeting Sign-In to make it easier for folks to remember.

Some meeting attendees asked clarifying questions about which sector they represent (and some could represent more than one sector, etc), and we cleared up some confusion. Ongoing questions always welcome as we all become used to this practice.

July Planning Sessions Update

Two smaller group planning sessions were held in July with great success.

Session 1) Development & Sustainability AND Evaluation Subcommittees

Topic: Building a Franklin Community Asset Map: Step 1

The reason for an Asset Map: In order to fully address local substance abuse problems, we need a broad-based community effort. We need to identify and work collaboratively with multiple sectors of the community, so we'll start to brainstorm answers to some key questions:

- Who are the resources in this community? What specifically are they doing to support a healthy community?
- Who are our current community partners – how are they involved?
- Who are the community partners we want to engage and why?
- Who else needs to give feedback on a Franklin Asset Map?

Session results (overview): 8 participants; The group met and brainstormed community resources by looking at each of the 12 Sectors and identifying both individuals and groups working in under that sector in the community. We realized that there are inherent logistical issues with developing a community resource guide since it would take significant time to create and maintain. However, we used this planning session to brainstorm other community connections we need to make in order to best address substance abuse & wellness in the community.

Session 2) Advocacy & Education AND Marketing & Communications Subcommittees

Topic: Strategies to Raise Awareness and Provide Education for Community Members

Lunch N' Learn Series: Through our Drug Free Communities (DFC) Grant, we have the opportunity to start offering a "Lunch N' Learn" series. It would be great to kick off this series in late August with a Lunch N' Learn session on Rx Drug Abuse & Awareness, as we'll hopefully be close to opening our ongoing Rx Take Back box at the Police Dept.

- Planning for the Lunch N' Learn series – Confirm a date in late August, then what timeframe makes sense? Every other month? Once per quarter?
- Picking our topics based on strategies in our Action Plan
- Location? Timeframe?
- Donations of food/drinks?
- Who is our audience for these sessions? How do we best target them?
- How will we advertise for these sessions?

Session results (overview): 6 participants; The group met and brainstormed how to effectively implement "Information Sessions" for target populations in the Franklin community. Claire Moorhead, our Marketing & Communication Consultant, presented information about a "Lunch n' Learn" model that CADY, Inc. has had great success with in the Plymouth area. We decided to modify this model for use in Franklin. Initial target groups we identified include: parents, senior citizens, healthcare professionals. We plan to 'pilot' our first information session in late August, with sessions happening throughout the fall. We'll then assess pros and cons of using this model, and move on from there with additional sessions!

Update on Teen Institute July Leadership Camp – Tyler Davis, FHS Student and Teen Institute Youth Advisory Staff

We were very glad to have provided scholarships for four (4) Franklin High School students to attend NH Teen Institute's Summer Leadership Camp in July. In addition, Task Force Member and Franklin High School student, Tyler Davis, was accepted to be a Peer Counselor at this year's camp. NH Teen Institute brings high school students together from across the state for a week of experiential activities designed to help them explore their values, relationships and coping strategies, and connect with their own inner strength while connecting with other young people. Through this supportive environment and proven approaches, students learn to take positive, healthy risks to help them gain self-awareness, learn critical life skills, and acquire important insight and knowledge. www.nhteeninstitute.org

Tyler had a great experience as a Teen Advisory Staff member, and commented on the hard work that was part of his new role. He enjoyed being responsible for the students and learned a lot about working with his peers. The FHS students who participated in the camp wrote heartfelt thank-you letters to the Task Force, and we passed those around for members to read.

The Task Force is looking forward to supporting additional scholarships for FHS students to attend the camp as part of a "pipeline" for building local youth leadership in our community, and for our youth council.

Brief overview of DFC Goals and CADCA's Seven Strategies

(see power point and CADCA handout)

Rx Drug Issue as an example of using multiple strategies

To highlight the use of multiple strategies, we discussed our plans to address the Rx Drug issue.

Local strategies include: Participation in National Rx Take-Back Days (April and October); development of an ongoing (24/7) Take-Back box at the Police Station; Community Education via targeted information sessions for key populations; development of local policies at healthcare offices to promote education of the issue and the use of Take-Back resources; collaboration with local home-care providers (via Healthy Homes Committee) to provide education/training to home providers about Rx Drug Abuse and to develop print material that can be given to home care recipients re: the issue, safe & secure storage of medications, and local resources for disposal.

Rx Work Group established to focus specifically on organizing and implementing these strategies:

- Members include - Chief Goldstein, Bill Grimm, Amanda Snyder, Melissa Rizzo, Traci Fowler, Jason Vezina. A meeting will be set for late August so that we can plan for upcoming Information Sessions.

Legislative Update

Rx Drug Monitoring System Bill: This bill was retained in the 2011 session and cannot be touched until next session. We will stay updated on any action re: this bill and will plan advocacy for 2012 legislative session.

SB 120 Happy Hour Bill: The City of Franklin has the option to locally uphold the restrictions on Happy Hour advertising in our City. City Manager Dragon explained the process for getting this approved through City Council. At this time, the group decided that there aren't any restaurants/bars in our City that will be advertising for Happy Hour, so it may be a moot point. However, we will keep it on our radar.

September Meeting:

September 8th, 5-7pm @ Franklin Regional Hospital **note the new time!*

Contact Traci Fowler with any questions/comments: tfowler@franklinnh.org

A meeting agenda will be emailed prior to the meeting!